

This Reflection Journal Belongs To _____

DAY 2

Yesterday you met and hopefully got to know our group.
What impression did the group/people give you?

What do you think was the impression of others about you?

Anything special you would like to achieve during this week?
(develop working relationship with someone; get to know someone's life story; learn something from someone?)

DAY 3

If you look into the mirror, what are the top 3 learning points from yesterday's sessions?

What were the key moments of the day? What could I change in my behaviour to develop personally?



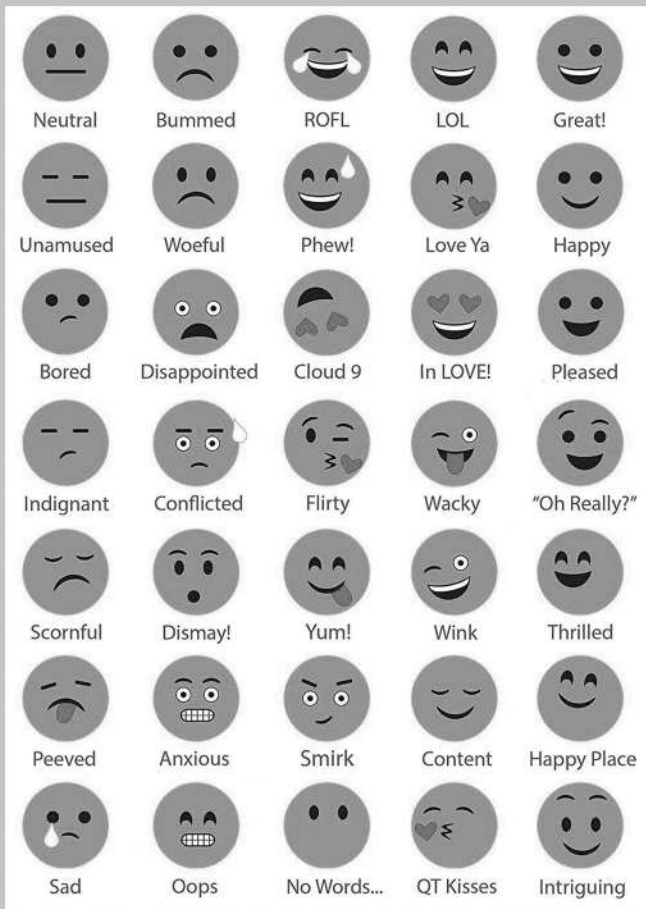
1-

2-

3-

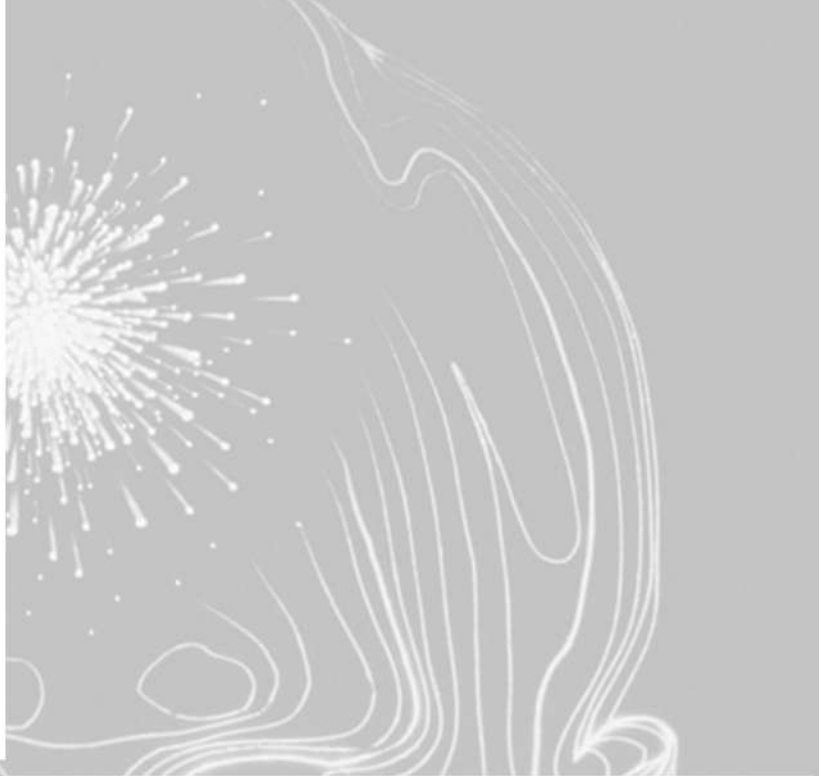
DAY 4

Colour the smiley that reepresents you and express your feelings



Why did you choose the smiley?

What were the highlights for you yesterday?



DAY 5

Fill in the following template with your impression of the day.

