

An aerial photograph of a dense forest with tall, thin trees and a thick canopy of green leaves. The lighting is somewhat dim, suggesting a shaded forest floor. The text 'Active listening' is centered in the middle of the image in a bold, white, sans-serif font.

Active listening



How do you feel?

1 question for 1 couple

4 minutes each

After 8 minutes – new
question – change
partner



Given the choice of anyone in the world, whom would you want as a dinner guest? Why?

What would constitute a
“perfect” day for you?

What is your most treasured
memory?

If you were going to become a close friend with your partner, please share what would be important for him or her to know.

If you knew that in one year you would die suddenly, would you change anything about the way you are now living? Why?

How close and warm is your family? Do you feel your childhood was happier than most other people's?



Sharing is caring – how do
you feel?