

ERASMUS+
YOUTH EXCHANGE

ECO

FRIENDLY

YOUTH

15-23 NOVEMBER, 2019
TURKEY

LITHUANIA

POLAND

CZECH REPUBLIC

SLOVENIA

TURKEY



Erasmus+



TÜRKİYE ULUSAL AJANSI
TURKISH NATIONAL AGENCY



01

PROJECT NAME
Eco Friendly Youth

02

TYPE OF ACTIVITY
ERASMUS+ Youth exchange

03

DURATION
15-23 November, 2019

04

PARTICIPATING COUNTRIES
**Turkey, Lithuania, Czech Republic,
Poland, Slovenia**

05

NUMBER OF PARTICIPANTS
6 per country (30 in total)



SUMMARY

The Earth can't help of the populace development of the world . The triviality of human conduct isn't economical any longer, always putting the Earth in risk. Contamination greatly affects humanity and nature overall. It prompts natural corruption, human medical problems, an unnatural weather change, fruitless land and the sky is the limit from there. Along these lines finding a cure is a best need. As per the European Environment Agency, the convergence of air contamination crosswise over Europe still remains the biggest natural danger of the mainland. One reason for this is individuals don't consider ecological results in their ordinary exercises. That is the reason it is basic to begin a societal change towards a green economy and way of life. We trust this can be best done by youth. So as to handle the previously mentioned issues, youth associations from 5 European nations with various ecological issues (Turkey, Slovenia, Lithuanian, Czech Republic, Poland) have joined for this venture. The points of which are to head towards an adjustment in the European populace's conduct so as to achieve a greener way of life.

The greener way of life can begin through the lessening of metropolitan strong waste characterized regularly as junk. Metropolitan strong waste is an issue that humankind could straightforwardly impact of diminishing. In this way, the primary reason for the venture will be the characterizing the waste sorts and related networks (plants, government, humankind and so forth.) to each kind of it. Thereafter, the arrangements and way of life creation will be talked about so as to accomplish a more promising time to come.

In order to achieve this, a youth exchange- "Eco- Friendly Youth" will be held in Mersin / Turkey on 15 – 23 November 2019, involving 30 participants from the most polluted countries in Europe. In order to achieve the main objective of the project, the following objectives have been established: (1) raising awareness of the existing environmental problems in Europe; (2) identifying the most common negative effects of environmental habits and finding ways of addressing them; (3) promoting eco-sustainable behaviour; and4) to promote a proactive approach to green initiatives. A range of non-formal education activities will be carried out in order



to achieve these objectives. They will help identify current environmental problems and provide viable solutions to support environmental change. All activities will encourage the involvement, creativity and initiative of all participants, including:

- 1) interactive workshops and theatrical plays on the topic,
- 2) group discussions in a non-formal environment,
- 3) cleaning a public space in Mersin;
- 4) organizing environmental flash-mobs and social experiments;
- 5) making videos, photos and social media campaigns on the eco-friendly lifestyle;
- 6) visit a local government office and Çevdosan;
- 7) interactive sessions with environmental activists and more.

All this will help participants to improve the skills and skills needed to develop an eco-friendly lifestyle. (1) participants increase their social responsibility for environmental protection; (2) learn how to participate in international discussions and decision-making on eco-friendly actions; (3) become more proactive and learn how to implement ideas; (4) improve their social skills and multilingualism and stimulate their cultural exchange. Participants will also have the opportunity to extend their social networks by meeting field experts and motivated young people from abroad.

This would prepare them to get involved in related private and public environmental endeavours. The participating organizations would increase their knowledge on the matter and learn new non-formal education methods, all of which could then be used in their future initiatives. At the same time, the project would help them grow internationally, increase public awareness of their actions and enhance their capacities of reaching the objectives of youth development. The organisations and participants will share the results of the project both online and offline in their respective countries (incl. e-booklet, videos, photos, web-platform with learning materials, etc.). Results' dissemination will also be facilitated through the involvement of local media and youth NGOs that will be invited to join local workshops carried out after the youth exchange. All of this will reach a large number of people, who will become more aware of the environmental hazards and the ways one can help solve them. It is also anticipated that the



results of the project will reach local authorities, which will then be able to implement environmental actions at a bigger level.



FINANCES & TRAVEL BUDGET LIMITS

1. Accommodation, living and other project related expenses: 100% funded by the EU.
2. 100 % of the travel costs, but no more than the maximum compensation amounts given below, will be reimbursed upon presenting all necessary tickets & invoices.

Country	Amount
Lithuania, Czech Republic, Poland	Up to 360 EUR per participant
Slovenia	Up to 275 EUR per participant

We will **reimburse** the travel expenses **during the exchange**, in accordance with the Erasmus+ framework. In order to make the reimbursement, it is compulsory that you have all the necessary documents with you. If your travel costs exceed the official limits, the reimbursement will be limited to the maximum amount of travel costs allocated for each country. If you fail to provide all the necessary travel documents, we will be unable to reimburse you. For plane travel, the original documents that we need are:

- 1) **Tickets and Boarding Passes**
- 2) **Invoice / Receipt**

Keep your bus / train tickets as well! Travel by cars / taxis is not reimbursed.



MONEY

The official currency in Turkey is Turkish Lira (TL). Change your money to TL at the airport and you won't have any difficulties here. The prices in Turkey are not high as well (e.g. coke - 0.45 EUR, bus ride - 0.60 EUR, Meal in Inexpensive Restaurant 4.30 EUR).

You can check [cost of living](#) in Turkey.

GETTING TO TURKEY

The fastest and most secure way to reach Turkey is by plane. Firstly, you **MUST** find a flight to Istanbul (IST) and later to Adana (ADA) airport. You can find cheap domestic flights at [PEGASUS AIRLINES](#) or [TURKISH AIRLINES](#). **The arrival day is 15th of November and the departure day is 23th of November, 2019.** Try to find a suitable option for the flights on these days.

Cheap flights are always available [HERE](#).

We will provide transportation from Adana Airport to the venue. More information about pick up times will be provided in our facebook group.

VISA: No Visa is required for **Lithuania, Slovenia, Czech Republic** citizens.

Participants from Poland have to apply for online visa`:

- Online visa is **18 EUR** (Online visa takes only 5 minutes. Check [HERE](#))
- Airport visa is **26 EUR**.

IMPORTANT: Participants will need to have international passports. Please, check the validity of your passport before the departure – **passport must be valid at least 6 months beyond the date of your intended stay.**



ACCOMODATION & FOOD

Venue: Rose Hotel (Mavi Deniz Mah, 2. Plaj Yolu No:10, 33740 Kızkalesi Erdemli/Mersin).

Rooms: with 3-5 beds. Towels and bed linen will be provided. The Main Activity Room is located at the same building. WiFi internet connection is available (however, might be a bit limited). Organizers will provide participants with three meals per day and two coffee breaks. Food will be served at the hotel or cafeterias nearby. We strongly recommend each participant to **inform the organizers about any special dietary needs** in advance.

BASIC RULES: All the participants will be expected to be present and active in all the activities, unless being ill. Unauthorized absence from the activities and workshops won't be tolerated. Smoking is prohibited everywhere inside buildings, thus all the smokers will have to go outside or to specially designated areas for a cigarette. Any damages to the property of the guest house or the organizers will be deducted from the travel reimbursements of the ones responsible.

Stress, nerves and bad mood is prohibited everywhere. Bring your best mood and big smile with you and keep it through the exchange! Prepare for fun! Those who fail to do that will be expelled from the exchange.





PREPARATION

The organizers will not provide the participants with any kind of insurance! Therefore, **we strongly recommend** every participant to acquire travel **insurance** at their own expense for the whole duration of the exchange. Also, please note that EU healthcare insurance card is not valid in Turkey.

Each of the participating countries should:

- Bring all your travel documents as presented above;
- Find interesting videos / games / exercises / educational activities for the rural entrepreneurship. Prepare energisers that could be done in the morning.
- Prepare for your country's cultural evening. Please, try to be fun and creative for this! No one likes regular .ppt presentations! Any kind of activities are welcome (e.g. video presentations, dances, songs, games, quizzes, posters, flyers etc.).
- Prepare a presentation about a topic related to the objectives of the project (in country teams). We'll post the topics that you can choose from a bit later. Follow the information!
- Each of you individually has to bring an interesting cup or any souvenir (e.g. with your country design, creative, or funny). At the beginning of the project you will exchange these gifts with one another so that you would have a thing to remember!
- If you have relevant experience connected to the topic please let us know beforehand.
- Bring clothing and shoes that can be used for sports and/or strenuous activities (such as dancing). Don't forget mosquito repellent and other relevant clothing/stuff for living in a farmstead. Swimming suits would be brought since Mersin is still swimmable in November.
- Bring good spirit, joy and happiness!
- More preparation needed for the activities will be posted online after the participants are selected.



ABOUT TURKEY

Check the following websites to get to know more about our lovely Turkey:



- [Turkey Home](#)
- [Visit Turkey](#)
- [Go to Turkey](#)
- [Lovely travel Mersin](#)

ADDITIONAL STAY

The hosting organization is covering the accommodation **ONLY** for the stay during the mobility. In case of earlier arrival or later departure, participants themselves must cover the accommodation. In addition, we can only cover tickets 4 days (3 nights) earlier or after the project date. If you are planning to stay longer after the project or arrive earlier, please inform us before booking your ticket. Otherwise, we cannot guarantee your reimbursement. Please note any indirect routes taken for personal travel will not be reimbursed.

For additional days in Turkey we suggest you to use [Airbnb](#) (18 EUR discount inside), [Booking.com](#) (12 EUR discount inside).



LIST OF PARTNERS



Turkey

[Future Europe Youth](#)



Lithuania

[Active Youth Association](#)



Poland

[Strategic Partnership Institute](#)



Czech Republic

[Czech Youth Association](#)



Slovenia

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Please do not hesitate to contact us if you require further information.



See you
soon!

