

ACTIVITY PROGRAMME FOR A MOBILITY OF YOUTH WORKERS - You and Me

| ACTIVITY PROGRAMME FOR A MOBILITY OF YOUTH WORKERS - You and Me | | | | | | | | | |
|---|---|--|--|---|--|---|---|--|--|
| City | | Venue | | | | Start date | End date | Activity duration (excluding travel days) | Travel days |
| Kaunas | | Lithuania | | | | 15/05/2019 | 21/05/2019 | 7 | 2 |
| | 14 May Arrival Day | 15 May Day 1 | 16 May Day 2 | 17 May Day 3 | 18 May Day 4 | 19 May Day 5 | 20 May Day 6 | 21 May Day 7 | 22 May Departure Day |
| | Introduction | Learning about the topic | | | Public & sexuality education | Preparing for social campaign | Sexuality education in youth work | Closing activities / Dissemination | |
| 9:00-9:45 | Arrival, check-in, free time / getting acquainted with the project's venue | breakfast | breakfast | breakfast | breakfast | breakfast | breakfast | breakfast | breakfast |
| 9:30-10:00 | | introduction to energizers | energizers (Turkey) | energizers (Estonia) | energizers (Poland) | energizers (Slovenia) | energizers (France) | energizers (Lithuania) | |
| 10:00-11:30 | | Ice-breaking, name games | Importance of comprehensive sexuality education. | Sex and language - to get more comfortable with words within sexuality | How to make a survey + Making a survey (about public opinion on certain aspects of sexuality (education)) Group presentation of the survey (to learn about the public opinion and their knowledge of SE) | How-to workshop: video making; Social media campaigns - strategy, implementation & revision | Editing & finalising video(s) | Project final evaluation / personal roadmaps for involvement in results' dissemination, etc. | |
| 11:30-12:00 | | Coffee break | Coffee break | Coffee break | | Coffee break | Coffee break | Coffee break | Coffee break |
| 12:00-13:30 | | team-building | Guest speaker (The Family Planning and Sexual Health Association of Lithuania) - learning about their initiatives/ challenges + How to provide youth-friendly consultations regarding sexuality in youth centres | Country workshops (presenting the situation in their countries/sexuality education+problems: teenage pregnancies, STI's, abortions, etc.) | Brainstorming about follow-up video initiatives to break sexuality (education) myths | Made video watching, discussions afterwards (finalising the videos) | Photo wall. Secret friend revealing party. Special awards ceremony. | | |
| 13:30-14:00 | | Preparation for lunch / Free time | Preparation for lunch / Free time | Preparation for lunch / Free time | Preparation for lunch / Free time | Preparation for lunch / Free time | Preparation for lunch / Free time | Preparation for lunch / Free time | |
| 14:00-15:00 | | lunch | lunch | lunch | lunch | lunch | lunch | lunch | |
| 15:00-15:30 | | free time | free time | free time | | | free time | free time | |
| 15:30 - 16:30 | | Introduction to the project, it's schedule, rules | Silence discussion - Nebegėda.lt Lets talk about sex - discussions on the different topics within sexuality | Debate with LIMSA (Medical Students Association): STD (true or false), Contraception (myths and reality) (to be broadcasted live on Facebook) | Capturing people reaction. Raising public awareness | Filming video / initiative (to break sexuality (education) myths / raise public awareness) | Godopocco situations game | Secret farewell activity | Saying good bye/ socialising / Free time / Departure |
| 16:30-17:00 | | Coffee break | Coffee break | Coffee break | Coffee break | | Coffee break | | |
| 17:00 - 18:15 | | Setting objectives, wishes, planning the project activities, current knowledge assessment | Video afternoon | Tips for youth workers. Workshop: Celebrating diversity | Group presentation of the field visit | Kaunas sightseeing tour | | | |
| 18:15-18:45 | | Introduction to feedback, reflections, evaluation | Feedback, reflections, evaluation | Feedback, reflections, evaluation | Feedback, reflections, evaluation | Feedback, reflections, evaluation | Feedback, reflections, evaluation | | |
| 18:45-19:00 | | Preparation for dinner / free time | Preparation for dinner / free time | Preparation for dinner / free time | Preparation for dinner / free time | Preparation for dinner / free time | Preparation for dinner / free time | Preparation for dinner / free time | |
| 19:00 - 20:00 | | dinner | dinner | dinner | dinner | dinner | dinner | dinner | |
| 20:00-21:00 | free time / socialising/ table games evening / preparation for project activities | free time | free time | free time | free time | free time | free time | | |
| 21:00 - ... | | Presenting partner organisations, their youth initiatives / speed dating / socialising, rest | Cultural evening (Poland, France) / socialising, rest | Socialising, rest | Cultural evening (Slovenia, Estonia) / socialising, rest | Movie night Goedele Liekens "Sex in Class" | Cultural evening (Turkey, Lithuania)/ socialising, rest | Meditation, socialising, rest | |