

Stranded on a Island

Learning objectives: How to work as a team; Develop their creativity; Enhance cooperation among participants

Duration: 60 min

Materials: Paper with instructions, envelopes, papers, pen

Activity Room: Chairs in a circle and then small circles

Description: A teambuilding activity that asks people to identify what object they would bring if they were to be stranded on a deserted island. Each person discusses why they brought the object. Within groups, people decide how to improve their chances of survival by combining various objects. Stranded on a Island is a useful team building activity to help people get to know each other better. Form groups of about five to ten people and give the following instructions:

“Unfortunately, you will be relocated and stranded on a deserted island for an indefinite amount of time. You may only bring one item to the island, and you only have a few minutes notice. What will you bring? Share with your group your object, why you chose it, and what you plan to do with it.” Have each person briefly share their item, why it is important to them, and what they plan to do with it. After everyone has shared, instruct the groups to figure out how they can improve their chances of survival by combining the items of all the groups in creative ways. Allow ten to fifteen minutes of brainstorming time, and then have each group present their ideas. Extra: ask each team to have a name and a dedicated song. Ask the participants to create altogether the rules of the group and what is happening if people don't respect them.

Debriefing:

- How you have decided for the items?
- How could we work as a group during these weeks?
- What do we need to be as efficient as possible?
- What were the difficulties?
- How did you solve them?
- Who felt nobody was listening to them?
- Why? Who was the leader?
- Does everyone agree?
- Where they chosen or self proclaimed?
- Was the leader the loudest?
- Did the leaders empower the people with solutions?

Ask the participants to tell you in a circle a word that describes what is the most important for them to happen this week in the sailors team.