

Community: Seniors Involved 20-28th, July, Lithuania

Participants Workshop:
Youth initiatives with seniors in your country!



First things first

GET TOGETHER with your national team group!

([FB group](#) might help to find out who else from your country is coming to the project)



What follows?

Now, use your skills to find out interesting fact and figures to let us know:

- What is the situation of elderly in your country?
- What are the youth initiatives in your country to promote activities with elderly?
- How can young person benefit from spending time together with an elderly and vice versa?
- Imagine you are old person. What would make you feel entertained? Cared of?

P.s. Link have some statistics that could be usefull to show situation of elderly in your country: <http://ec.europa.eu/eurostat/cache/infographs/elderly/index.html>



What follows?

Don't forget that you can use:

- **Statistics**- f.e. What is the population of elderly people in your country? How did it change through the years? What could have been an impact for such change?
- **Examples** – We are interested to know about ongoing (and already carried out amazing) projects/initiatives of cooperation between youth and elderly!
- **Stories** – maybe your close friend is volunteering in elderly care center and has some interesting stories to share? Maybe you have your own story to share?

And many more resources and tools are free to use!



Final step?

Presentation!

The greatest stories are the most listened to stories.

How to make your story interesting? Use visual materials (videos, photos, screenshots of webpages, blogs and etc.), use simple language, stress out key points and your opinion matters!

Your country presentation shouldn't be longer than **15 minutes**



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Can't wait to hear your story!

