

# RESEARCH MAKES PERFECT

18-26 May, 2018  
Kaunas, Lithuania



MANY PATHS,  
ONE GOAL

Lithuania  
Celebrates



Erasmus+



## **NAME:**

**RESEARCH MAKES PERFECT**

## **ACTIVITY:**

**Training course**

## **DURATION:**

**7 days (19-25 May, 2018)**

**2 travel days (18 & 26 May, 2018)**

## **PARTICIPATING COUNTRIES:**

**Lithuania, Italy, Latvia, France, Turkey**

## **NUMBER OF PARTICIPANTS:**

**6 per country (30 in total)**



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# SUMMARY

Challenges that European societies are facing are vast and numerous. This is also true for the youth sector. One of the sensitive problems here that is widely seen across the EU (yet often overlooked and not paid attention to) is that NGOs/youth workers base their work on opinions/intuition rather than research. This results in poor organisational performance and low efficiency and effectiveness.

This was just proven by an online study carried out among our partners (almost 100 organisations across Europe) that reveals that increasing large number of them are slow (or fail) to reach their purpose and objectives. We believe that this should not be the case and that the scant resources (not least from Erasmus+) in the field should be used with a better direction and greater impact.

In order to achieve this, youth organizations from Lithuania, Latvia, Italy, France and Turkey have united for the project dubbed “Research Makes Perfect” (RMP). The aims of which are to change youth workers & NGOs approach to their work. RMP will be hosted in Kaunas, Lithuania on 19-25 May (18 & 26 traveling days), 2018. It will involve 30 participants involved in youth work. Priority will be given to those who are part of NGOs working with youth from disadvantaged backgrounds, minorities, etc.

In order to reach the key aim of the project, the following objectives have been set:

- 1) to raise youth workers’ awareness of benefits of using organisational researching;
- 2) to identify new organisational needs and find ways to fulfill them through research;
- 3) teach youth workers how to set up and run a research study;
- 4) provide them with the necessary skills for researching and passing on that knowledge to others;
- 5) create opportunities for the participants to practice the gained skills and knowledge while carrying out relevant research in the local area;
- 6) promote the analysis-based approach to youth work across the participating countries.

The project also aims to:

- 7) help the participants boost their performance at work;
- 8) involve them in discussions in an international environment;
- 9) enhance their social skills and multilingualism.

To achieve these objectives, a range of NFE methods developed by all the partner organisations will be employed. Involvement, creativity and initiative of all the participants will be encouraged throughout the activities, which will include:

- 1) interactive workshops;
- 2) discussions in non-formal environment,
- 3) analyses of relevant video materials;
- 4) developing & conducting their own research
- 5) sessions with relevant guest experts;
- 6) informative ‘how-to’ sessions on the topic;
- 7) field practice (surveys/interviews) carried out in the city;
- 8) specialized group exercises, games;
- 9) storytelling sessions and case studies;
- 10) feedbacks, reflections, evaluations and much more.



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# FINANCES & TRAVEL BUDGET LIMITS

- 1) **Accommodation, living and other project related expenses:** 100% funded by the EU.
- 2) 100 % of the travel costs, but no more than the maximum compensation amounts given below, will be reimbursed upon presenting all necessary tickets & invoices.

Travel distances	Amount
Between 10 and 99 KM:	20 EUR per participant
Between 100 and 499 KM:	180 EUR per participant
Between 500 and 1999 KM:	275 EUR per participant
Between 2000 and 2999 KM:	360 EUR per participant
Between 3000 and 3999 KM:	530 EUR per participant
Between 4000 and 7999 KM:	820 EUR per participant
8000 KM or more:	1300 EUR per participant

Travel distances must be calculated using the distance calculator supported by the European Commission ([https://ec.europa.eu/programmes/erasmus-plus/resources/distance-calculator\\_en](https://ec.europa.eu/programmes/erasmus-plus/resources/distance-calculator_en)).

The distance of a one-way travel must be used to calculate the amount of the EU grant that will support the round trip.

We will reimburse the travel expenses after the mobility by bank transfer, in accordance with the Erasmus+ framework. In order to make the reimbursement, it is compulsory that you have all the necessary documents with you. If your travel costs exceed the official limits, the reimbursement will be limited to the maximum amount of travel costs allocated for each country. If you fail to provide all the necessary travel documents, we will be unable to reimburse you. For plane travel, the original documents that we need are:

- 1) **Tickets and Boarding Passes**
- 2) **Invoice / Receipt**

**Keep your bus / train tickets as well! Travel by cars / taxis is not reimbursed.**

## MONEY

The official currency in Lithuania is **Euro**. The prices in Lithuania are not high as well (e.g. bus ride - 0.80 EUR, pizza – 6.5 EUR). You can check **cost of living** in Lithuania.

## GETTING TO LITHUANIA

The fastest and most secure way to reach Lithuania is by plane. The main aerodromes are in Vilnius and Kaunas. They have direct flights to all main cities in Europe. You can reach almost any bigger city in the world with just one change of plane.

Cheap flights are always available **HERE**.

One more way of reaching Lithuania is by bus. It has direct routes to Germany, Poland, Italy, Belarus, Czech Republic, Latvia and other nearest countries.



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## TRANSPORTATION

Firstly, you should find a flight to **Kaunas (KUN)** or **Vilnius (VNO)** airports. The **arrival day is 18th of May** and the **departure day is 26th of May, 2018**. Try to find a suitable option for the flights on these days.

- Coming to the venue from Kaunas airport is quite simple: there is a cheap and often city bus (no. 29 or 29E) connection. You can buy tickets at the driver and it costs 0.80 EUR per person (half the price for students).
- If you are coming from Vilnius, it is the best to first take a train from the airport to Vilnius train station and then change to the train going to Kaunas. Total cost: 6-7 EUR (half the price for students).
- The address of the main venue is **Papilio str. 9, Kaunas**. If you have troubles finding it, contact us and we will help you get there (contact details are provided at the end of the info pack).
- You can use taxify app and our invite code **TOMASJA** to get a free ride up to 4 EUR. Download the app **HERE**.

## ACCOMODATION AND FOOD

**Venue: Domus Pacis Guest House**. Located at the center of the old town, next to a park.



**Rooms:** with 2-4 beds. Towels and bed linen will be provided (but no hairdryer in the facility). The Main Activity Room is located at the same building. WiFi internet connection is available (however, might be a bit limited). Organizers will provide participants with three meals per day and two coffee breaks. Food will be served at the hotel or cafeterias nearby. We strongly recommend each participant to inform the ORGANIZERS about any special dietary needs in advance.

## BASIC RULES

All the participants will be expected to be present and active in all the activities, unless being ill. Unauthorized absence from the activities and workshops won't be tolerated. Smoking is prohibited everywhere inside buildings (the guest house levies a fine of 30 EUR), thus all the smokers will have to go outside or to specially designated areas for a cigarette. **Any damages to the property of the guest house or the organizers will be deducted from the travel reimbursements of the ones responsible.**



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# ABOUT LITHUANIA / KAUNAS

Check the following websites to get to know more about our lovely Lithuania and Kaunas:

- [Official Lithuania website](#)
- [TripAdviser Lithuania](#)
- [Lithuania Vacation Travel Video Guide \(2017\)](#)



## ADDITIONAL STAY IN LITHUANIA

The hosting organization is covering the accommodation **ONLY** for the stay during the mobility. In case of earlier arrival or later departure, participants themselves must cover the accommodation. In addition, we can only cover tickets 2 days earlier or after the project date.

If you are planning to stay longer after the project or arrive earlier, please inform us before booking your ticket. Otherwise, we cannot guarantee your reimbursement. Please note any indirect routes taken for personal travel will not be reimbursed.

For additional days in Lithuania we suggest you to use **Airbnb** (18 EUR discount inside), **Booking.com** (12 EUR discount inside) or **Snap Travel** (10% discount inside)



## CONTACTS

• **Ieva Sakalauskaitė.**

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If you have any questions, please contact us via e-mail or facebook.

See you all in Lithuania!!!



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# GET CONNECTED

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