

ECOFRIENDLY EUROPE

02-10 May, 2018
Kaunas, Lithuania



MANY PATHS,
ONE GOAL.

Lithuania
Celebrates



Erasmus+



EUROPE

NAME:

ECO-FRIENDLY Europe

ACTIVITY:

Youth exchange

DURATION:

7+2 travel days (2-10 May, 2018)

PARTICIPATING COUNTRIES:

Lithuania, Italy, Denmark, Spain, Turkey, Poland

NUMBER OF PARTICIPANTS:

6 per country (36 in total)



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SUMMARY

Planet Earth cannot stand the current rhythm of world population growth. The superficiality of human behaviour is not sustainable anymore, constantly putting the Earth in danger. Pollution has a great impact on humanity and environment as a whole. It leads to environmental degradation, human health issues, global warming, ozone layer depletion, infertile land, and more. Thus finding a remedy is a top priority.

According to European Environment Agency report, “Air quality in Europe 2016” concentration of air pollution across Europe remains the largest environmental health hazard of the continent - the total EU greenhouse gas emissions increased by 0.5% for the first time since 2010. That is also a consequence of humans’ lifestyle (e.g. large usage of wood stoves, road transport, spray bottles, etc). That is why it is fundamental to start a societal transition towards a green economy and lifestyle. In order to do this, youth organizations from 6 EU countries with various environmental issues have united for this project (i.e. Spain, Denmark, Lithuanian, Italy, Turkey, Poland). The main aim of the project is head towards a change in European population’s behaviour and habits in order to reach an eco-friendly lifestyle.

We think that the change is best to come from youth; thus, a youth exchange - “Eco-Friendly Europe” will be hosted in Kaunas, Lithuania on 2-10 May, 2018 (+ APV on 17-20 February 2018) involving 36 participants both from more and less polluted European countries.

To reach the key aim of the project mentioned above, the following objectives have been set:

- 1) to increase awareness about the environmental pollution level of the Earth;
- 2) to identify the most common negative outcomes of people’s habits concerning environment, as well as find ways to tackle that;
- 3) to promote an eco-sustainable behaviour and
- 4) to encourage a proactive approach towards green initiatives. By seeking these objectives, youth-development goals will also be achieved.
- 5) help the participants increase their social responsibility towards environmental safeguard;
- 6) involve the youth in discussions and decision-making in an international environment regarding environmental friendly actions;
- 7) keep the youth active and help them learn how to put ideas into actions;
- 8) enhance their social skills and multilingualism, as well as stimulate their cultural exchange.

All in all, the project will induce a positive impact towards eco-friendly lifestyles to the youth and local communities from Spain, Denmark, Italy, Turkey and Poland, which goes in line with Erasmus+ priorities.



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FINANCES & TRAVEL BUDGET LIMITS

- 1) **Accommodation, living and other project related expenses:** 100% funded by the EU.
- 2) 100 % of the travel costs, but no more than the maximum compensation amounts given below, will be reimbursed upon presenting all necessary tickets & invoices.

Travel distances	Amount
Between 10 and 99 KM:	20 EUR per participant
Between 100 and 499 KM:	180 EUR per participant
Between 500 and 1999 KM:	275 EUR per participant
Between 2000 and 2999 KM:	360 EUR per participant
Between 3000 and 3999 KM:	530 EUR per participant
Between 4000 and 7999 KM:	820 EUR per participant
8000 KM or more:	1300 EUR per participant

Travel distances must be calculated using the distance calculator supported by the European Commission (https://ec.europa.eu/programmes/erasmus-plus/resources/distance-calculator_en).

The distance of a one-way travel must be used to calculate the amount of the EU grant that will support the round trip.

We will reimburse the travel expenses after the mobility by bank transfer, in accordance with the Erasmus+ framework. In order to make the reimbursement, it is compulsory that you have all the necessary documents with you. If your travel costs exceed the official limits, the reimbursement will be limited to the maximum amount of travel costs allocated for each country. If you fail to provide all the necessary travel documents, we will be unable to reimburse you. For plane travel, the original documents that we need are:

- 1) **Tickets and Boarding Passes**
- 2) **Invoice / Receipt**

Keep your bus / train tickets as well! Travel by cars / taxis is not reimbursed.

MONEY

The official currency in Lithuania is **Euro**. The prices in Lithuania are not high as well (e.g. bus ride - 0.80 EUR, pizza – 6.5 EUR). You can check **cost of living** in Lithuania.

GETTING TO LITHUANIA

The fastest and most secure way to reach Lithuania is by plane. The main aerodromes are in Vilnius and Kaunas. They have direct flights to all main cities in Europe. You can reach almost any bigger city in the world with just one change of plane.

Cheap flights are always available **HERE**.

One more way of reaching Lithuania is by bus. It has direct routes to Germany, Poland, Italy, Belarus, Czech Republic, Latvia and other nearest countries.



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TRANSPORTATION

Firstly, you should find a flight to **Kaunas (KUN)** or **Vilnius (VNO)** airports. The **arrival day is 2nd of May** and the **departure day is 10th of May, 2018**. Try to find a suitable option for the flights on these days.

- Coming to the venue from Kaunas airport is quite simple: there is a cheap and often city bus (no. 29 or 29E) connection. You can buy tickets at the driver and it costs 0.80 EUR per person (half the price for students).
- If you are coming from Vilnius, it is the best to first take a train from the airport to Vilnius train station and then change to the train going to Kaunas. Total cost: 6-7 EUR (half the price for students).
- The address of the main venue is **Papilio str. 9, Kaunas**. If you have troubles finding it, contact us and we will help you get there (contact details are provided at the end of the info pack).
- You can use taxify app and our invite code **TOMASJA** to get a free ride up to 4 EUR. Download the app **HERE**.

ACCOMODATION AND FOOD

Venue: Domus Pacis Guest House. Located at the center of the old town, next to a park.



Rooms: with 2-4 beds. Towels and bed linen will be provided (but no hairdryer in the facility). The Main Activity Room is located at the same building. WiFi internet connection is available (however, might be a bit limited). Organizers will provide participants with three meals per day and two coffee breaks. Food will be served at the hotel or cafeterias nearby. We strongly recommend each participant to inform the ORGANIZERS about any special dietary needs in advance.

BASIC RULES

All the participants will be expected to be present and active in all the activities, unless being ill. Unauthorized absence from the activities and workshops won't be tolerated. Smoking is prohibited everywhere inside buildings (the guest house levies a fine of 30 EUR), thus all the smokers will have to go outside or to specially designated areas for a cigarette. **Any damages to the property of the guest house or the organizers will be deducted from the travel reimbursements of the ones responsible.**



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ABOUT LITHUANIA / KAUNAS

Check the following websites to get to know more about our lovely Lithuania and Kaunas:

- [Likeable Lithuania](#)
- [Official Lithuania website](#)
- [TripAdviser Lithuania](#)
- [Lithuania Vacation Travel Video Guide \(2017\)](#)



ADDITIONAL STAY IN LITHUANIA

The hosting organization is covering the accommodation **ONLY** for the stay during the mobility. In case of earlier arrival or later departure, participants themselves must cover the accommodation. In addition, we can only cover tickets 2 days earlier or after the project date.

If you are planning to stay longer after the project or arrive earlier, please inform us before booking your ticket. Otherwise, we cannot guarantee your reimbursement. Please note any indirect routes taken for personal travel will not be reimbursed.

For additional days in Lithuania we suggest you to use **Airbnb** (18 EUR discount inside), **Booking.com** (12 EUR discount inside) or **Snap Travel** (10% discount inside)



CONTACTS

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If you have any questions, please contact us via e-mail or facebook.

See you all in Lithuania!!!



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