

1. **Youth engagement in politics indifferent or just different? | Jacob Helliwell | TEDxYouth@Victoria (8.20 mins)** In the end, the main way to change cities is through political action, but youth political participation shows its own patterns. How can it be used?
[Link](#)
2. **What Are Pressure Groups? #3 (2mins)**
[Link](#)
3. **Readapting spaces (2 mins)** Introduce discussion about how to adapt the present spaces and facilities to new usages.
[Link](#)
4. **New transportations (8 mins).** The video introduces a more wide debate about if it's necessary to re-think cities from a totally new perspective or it's enough to expand what we already have.
[Link](#)
5. **Life quality in cities (2.30 mins)** What's necessary to improve it?
[Link](#)
6. **Conquering spaces (2.38 mins)** The city is yours, just take it! Many times the main obstacles for a more friendly urban área are the social habits and rules. Overcome them!
[Link](#)
7. **Informal integration projects: queer people (5 mins).** How can Young people on their own collaborate to manage their own versión of cities.
[Link](#)
8. **Opportunities in Winnipeg (11.08 mins)** Integration through work. Also, good example of how a good municipality work can boost the opportunities for youngsters and create good conditions for them.
[Link](#)
9. **Connected cities. (9.30 mins)** About how important is to develop the idea of metropolitan regions, not only local cores. Where and when do you think it's posible and what is required for it?
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